

# Reactivity of Natural Phenols in Radical Reactions

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**Abstract**—Activation enthalpies and energies and the rate constants of reactions with peroxy, alkyl, and thiyl radicals (76 reactions) were calculated for a group of natural antioxidants (19 monohydroxy and polyhydroxy phenols). The calculation was performed with the use of the model of a radical abstraction reaction as the intersection of two parabolic potential curves. The results of the calculation were compared with experimental data: the average discrepancy in the activation energies of the reactions  $\text{RO}_2^\bullet + \text{ArOH}$  was 0.8 kJ/mol. Interatomic distances in the reaction centers of the transition states of the test reactions were calculated. Factors affecting the reactivity of these compounds are discussed.

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## INTRODUCTION

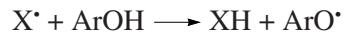
Natural antioxidants are in wide current use as food additives; they have been intensively studied in the past quarter of a century [1–6]. The efficiency of their action is primarily related to their antiradical activity. Among radical reactions, only the reactions of alkylperoxy radicals with a small number of natural phenols have been studied in sufficient detail [7, 8]. Reactions of alkyl and thiyl radicals have received little attention [8]. Recently, we calculated the dissociation energies of O–H bonds for a great number (64) of biological antioxidants [9]. This provided an opportunity to calculate activation energies ( $E$ ) and rate constants ( $k$ ) for the reactions of various free radicals and molecules with biological antioxidants. This paper is devoted to this problem. The mathematical apparatus and kinetic parameters of the method of intersecting parabolas were used in the calculation [1, 7, 10, 11].

Here, we consider the radical reactions that are of undoubtedly interest for the kinetic analysis of the efficiency of action of biological oxidants. First, these are the reactions of phenols with peroxy radicals. Note that not only the lipid radicals  $\text{RO}_2^\bullet$ , which are close to alkylperoxy radicals in terms of activity, but also  $\text{RO}_2^\bullet$  containing various functional groups are formed in the body.  $\alpha$ -Hydroxyperoxy radicals, which rapidly decompose with the formation of  $\text{HO}_2^\bullet$ , are generated from sugars. For example, acylperoxy and  $\alpha$ -ketoperoxy radicals are formed from glucose and fructose, respectively. Thus, in this study, we calculated the activation energies  $E$  and rate constants  $k$  for both the reactions of alkylperoxy radicals with biological antioxidants and  $\text{RO}_2^\bullet$  with various functional groups. Second, carbon-centered radicals appear in the body, and these

radicals react with biological antioxidants. We consider the reactions of the most active secondary alkyl radical generated from lipids. Third, the thiyl group occurs in proteins as a constituent of the L-cysteine residue; this group forms a thiyl radical by a reaction with any radical. Therefore, we also consider the reactions of thiyl radicals with biological antioxidants. In addition to kinetic characteristics, we calculated interatomic distances in the reaction centers of the transition states in accordance with a previously developed procedure [12, 13].

## CALCULATION

The classical enthalpy  $\Delta H_e$  of the abstraction reaction



was calculated as the difference of dissociation energies of cleaved and formed bonds with consideration for their zero-point vibration energies:

$$\Delta H_e = D(\text{ArO–H}) - D(\text{X–H}) + 0.5hN_A\Delta v, \quad (1)$$

where the last term is the difference between the zero-point vibration energies of reacting bonds ( $h$  is Planck's constant,  $N_A$  is Avogadro's number, and  $\Delta v$  is the difference between the stretching vibration frequencies of O–H and X–H bonds). Table 1 summarizes the list of natural phenols chosen for calculations, the numbers of equireactive phenol groups  $n_{\text{O–H}}$ , and the strengths of the weakest bonds  $D_{\text{O–H}}$  [9]. The dissociation energies of O–H bonds in hydroperoxides were taken from [14];  $D_{\text{C–H}}(\text{sec-R–H}) = 412 \text{ kJ/mol}$  [15], and  $D_{\text{S–H}}(\text{cysteine}) = 360.0 \text{ kJ/mol}$  [16].

The activation energies of the reactions of free radicals with phenols were calculated using the method of intersecting parabolas [1, 7, 10, 11]. This method is

**Table 1.** Structural formulas of natural antioxidants, dissociation energies of reactive O–H bonds ( $D_{O-H}$ ) (kJ/mol) [9], and numbers of the most reactive O–H groups ( $n_{O-H}$ )

<p>1. Naphthol[1,2-<i>b</i>]furan, 2,3-dihydro-2,2,4-trimethyl-5-hydroxy-,  <math>D_{O-H} = 315.3</math></p>	<p>2. 7,8-Benzochromane, 2,5-dimethyl-2-phytyl-6-hydroxy-,  <math>D_{O-H} = 321.4</math></p>	<p>3. Chromane, 2,2,5,7,8-pentamethyl-6-hydroxy-,  <math>D_{O-H} = 328.4</math></p>
<p>4. <math>\alpha</math>-Tocopherol,  <math>D_{O-H} = 330.0</math></p>	<p>5. 6,7-Dihydroxyflavone, <math>n_{O-H} = 1</math>,  <math>D_{O-H} = 332.3</math></p>	<p>6. <math>\gamma</math>-Tocopherol,  <math>D_{O-H} = 334.9</math></p>
<p>7. <math>\beta</math>-Tocopherol,  <math>D_{O-H} = 335.3</math></p>		<p>9. Myricetin, <math>n_{O-H} = 1</math>, <math>D_{O-H} = 340.9</math></p>
		<p>8. Tannic acid, <math>R =</math> gallate, <math>n_{O-H} = 5</math>, <math>D_{O-H} = 338.1</math></p>

Table 1. (Contd.)

10. $\delta$ -Tocopherol $D_{O-H} = 341.5$		
11. Quercetin, $n_{O-H} = 1, D_{O-H} = 343.0$		
12. Ubiquinol-0, $n_{O-H} = 2, D_{O-H} = 345.2$		
13. (-)-Epicatechol, $n_{O-H} = 1, D_{O-H} = 346.2$		
14. Catechin, $n_{O-H} = 1, D_{O-H} = 348.1$		
15. Kaempferol, $n_{O-H} = 2, D_{O-H} = 348.9$		
16. Nordihydroguaiaretic acid, $n_{O-H} = 2, D_{O-H} = 351.3$		
17. Hesperetin, $n_{O-H} = 1, D_{O-H} = 353.8$		
18. Crysins, $n_{O-H} = 1, D_{O-H} = 357.1$		
19. Morin, $n_{O-H} = 2, D_{O-H} = 363.6$		

valid for reactions occurring in a nonpolar solvent, which does not form hydrogen bonds with phenol. The classical potential barrier of reaction  $E_e$  is calculated through the classical enthalpy  $\Delta H_e$ .

For reactions with the coefficient  $\alpha = 1$ ,  $E_e$  is calculated from the equation

$$\sqrt{E_e} = \frac{br_e}{2} + \frac{\Delta H_e}{2br_e}; \quad (2)$$

for reactions with the coefficient  $\alpha$  close to unity,  $E_e$  is calculated from the equation

$$\sqrt{E_e} = \frac{br_e}{1 + \alpha} + \frac{\alpha \Delta H_e}{2br_e}, \quad (3)$$

whereas it is calculated from the following equation for reactions with the coefficient  $\alpha$  different from unity:

$$\sqrt{E_e} = \frac{br_e}{1 - \alpha^2} \left\{ 1 - \alpha \sqrt{1 - \frac{1 - \alpha^2}{(br_e)^2} \Delta H_e} \right\}. \quad (4)$$

The coefficient  $\alpha^2$  is the ratio between the force constants of  $\text{ArO-H}$  and  $\text{X-H}$  bonds;  $2b^2$  is the force constant of the  $\text{O-H}$  bond of phenol; and  $r_e$  is the total elongation of  $\text{ArO-H}$  and  $\text{X-H}$  bonds in the transition state, as calculated from experimental data using the method of intersecting parabolas. For phenols,  $b = 46.65 \times 10^{10} \text{ kJ}^{1/2} \text{ mol}^{-1/2} \text{ m}^{-1}$ ,  $0.5hN_A v_{\text{ArO-H}} = 21.5 \text{ kJ/mol}$ , and  $v_{\text{ArO-H}}$  is the stretching vibration frequency of the  $\text{O-H}$  bond [7]. The activation energy of reaction was calculated from  $E_e$  by the equation

$$E = E_e - 0.5hN_A v_{\text{ArO-H}} + 0.5RT. \quad (5)$$

Equations (2)–(4) are valid if  $\Delta H_e$  of reaction varies within the range of  $\Delta H_{e,\min} < \Delta H_e < \Delta H_{e,\max}$  [10]; this took place for all of the test reactions. The rate constant of a radical reaction was calculated from the Arrhenius equation

$$k = n_{\text{O-H}} A \exp(-E/RT). \quad (6)$$

Each particular class of radical reactions is characterized by a reaction center and constant values of  $v_{\text{O-H}}$ ,  $v_{\text{X-H}}$ ,  $br_e$ , and  $A$ , as well as the classical potential barrier  $E_{e,0}$ , which is calculated from the equation [10]

$$E_{e,0} = \{br_e/(1 + \alpha)\}^2. \quad (7)$$

For the class of the reactions  $\text{R}^\bullet + \text{ArOH} \rightarrow \text{ArO}^\bullet + \text{RH}$ , where  $\text{RH}$  is an aliphatic hydrocarbon, the parameter  $br_e$  was calculated in this work from experimental data as described below. Previously [17, 18], the reaction rate constant of the alkyl radical 5-hexenyl with  $\alpha$ -tocopherol was measured using the method of competitive reactions. The dissociation energy of a  $\text{C-H}$  bond in the methyl group of a paraffin is 422 kJ/mol [7]; consequently, the enthalpy of this reaction is  $\Delta H = -92.0 \text{ kJ/mol}$ , and  $\Delta H_e = -87.9 \text{ kJ/mol}$ . As calculated from Eq. (6), the activation energy of this reaction is 11.6 [17] or 11.1 kJ/mol [18]; the average value is  $E =$

11.4 kJ/mol, and  $E_e = 31.6 \text{ kJ/mol}$ . We calculate the parameter  $br_e$  from the equation [10]

$$br_e = \alpha(E_e - \Delta H_e)^{1/2} + E_e^{1/2}, \quad (8)$$

where  $\alpha = 1.247$ . We obtain  $br_e = 19.25 \text{ kJ}^{1/2} \text{ mol}^{-1/2}$ .

For the class of the reactions  $\text{RS}^\bullet + \text{HOAr}$ , experimental data are not available. Therefore, we evaluated the parameter  $br_e$  for this class of reactions through an analogous parameter for the reaction  $\text{RO}^\bullet + \text{ArSH}$  with a structurally similar reaction center. For this reaction,  $br_e = 12.38 \text{ kJ}^{1/2} \text{ mol}^{-1/2}$  [16] and  $r_e = 0.373 \times 10^{-10} \text{ m}^{-1}$ ; for the reaction  $\text{RS}^\bullet + \text{HOAr}$ , we obtain  $br_e = 46.65 \times 10^{10} \times 0.373 \times 10^{-10} = 17.40 \text{ kJ}^{1/2} \text{ mol}^{-1/2}$ . For other classes of reactions, these parameters were taken from a handbook [7].

Previously [12, 13], a simple procedure was developed for calculating interatomic distances in the reaction center of a transition state from the enthalpy and activation energy of the reaction by combining the results obtained by quantum-chemical calculations and using the method of intersecting parabolas. This procedure allowed us to calculate interatomic distances in the transition state of a reaction, which coincided with those calculated using the density functional theory. As applied to the test reactions, interatomic distances were calculated by this procedure in accordance with the following equations:

$$r_{\text{ArO-H}}^\# = r_{\text{ArO-H}} + \beta b^{-1} \sqrt{E_e}; \quad (9)$$

$$r_{\text{X-H}}^\# = r_{\text{X-H}} + a \beta b^{-1} \sqrt{E_e - \Delta H_e}. \quad (10)$$

The interatomic distances in molecules were [19]  $r_{\text{O-H}} = 0.967 \times 10^{-10} \text{ m}$ ,  $r_{\text{C-H}} = 1.092 \times 10^{-10} \text{ m}$ , and  $r_{\text{S-H}} = 1.340 \times 10^{-10} \text{ m}$ ; the normalization factors  $\beta$  were taken from [13]. Table 2 summarizes the kinetic parameters and coefficients for the chosen classes of reactions.

## RESULTS AND DISCUSSION

Table 3 summarizes the calculated enthalpies, activation energies, and rate constants of reactions of alkylperoxy radicals with a number of natural antioxidants (see Table 1). The interatomic distances  $r^\#(\text{ArO...H})$  and  $r^\#(\text{ROO...H})$  for the transition states of these reactions are also given in Table 3. All of the test reactions are exothermic ( $\Delta H$  varied over the range from  $-50$  to  $-2 \text{ kJ/mol}$ ); their activation energies varied from 1 to  $22 \text{ kJ/mol}$ , and  $k(310 \text{ K})$  varied from  $1.4 \times 10^4$  to  $1.9 \times 10^7 \text{ mol}^{-1} \text{ s}^{-1}$ . As the reaction enthalpy increased, the distance  $r_{\text{ArO...H}}^\#$  increased, whereas  $r_{\text{ROO...H}}^\#$  decreased.

Table 4 summarizes the calculated values of  $\Delta H$ ,  $E$ , and  $k$  for the reactions of structurally different peroxy radicals with  $\alpha$ -tocopherol. The reactions of two peroxy radicals, namely,  $\text{RC(O)OO}^\bullet$  and  $\text{PhC(O)OO}^\bullet$ , are

**Table 2.** Kinetic parameters of the reactions of  $\text{R}^\cdot$ ,  $\text{RO}_2^\cdot$ , and  $\text{RS}^\cdot$  radicals with natural phenols [7, 12, 13, 16]

Reaction class	$\alpha$	$\beta$	$0.5hN_A\Delta v$ , kJ/mol	$br_e$ , kJ $^{1/2}$ mol $^{-1/2}$	$A_{0,1}$ , 1 mol $^{-1}$ s $^{-1}$	$-\Delta H_{e, \text{min}}$ , kJ/mol	$\Delta H_{e, \text{max}}$ , kJ/mol
$\text{RO}_2^\cdot + \text{Ar}_i\text{OH}$	1.014	1.49	0.3	13.16	$3.20 \times 10^7$	49.1	53.6
$\text{R}^\cdot + \text{Ar}_i\text{OH}$	1.247	1.44	4.1	19.25	$1.00 \times 10^8$	115.8	272.8
$\text{RS}^\cdot + \text{Ar}_i\text{OH}$	1.405	1.39	6.4	17.40	$1.00 \times 10^8$	61.1	127.5

**Table 3.** Enthalpies, activation energies, rate constants, and interatomic distances  $r_{\text{ArO-H}}^\neq$  and  $r_{\text{ROO-H}}^\neq$  for the reactions  $\text{sec-RO}_2^\cdot + \text{Ar}_i\text{OH} \rightarrow \text{sec-RO}_2\text{H} + \text{Ar}_i\text{O}^\cdot$  with natural phenols, as calculated from Eqs. (1), (3), (5), (6), (9), and (10) ( $D_{\text{ROO-H}} = 365.5$  kJ/mol;  $A_0 = 3.20 \times 10^7$  1 mol $^{-1}$  s $^{-1}$ ,  $T = 310$  K)

$\text{Ar}_i\text{OH}$	$-\Delta H_{e, \text{min}}$ , kJ/mol	$E$ , kJ/mol	$k$ , 1 mol $^{-1}$ s $^{-1}$	$r_{\text{ArO-H}}^\neq \times 10^{10}$ , m	$r_{\text{ROO-H}}^\neq \times 10^{10}$ , m
Naphtho[1,2- <i>b</i> ]furan, 2,3-dihydro-5-hydroxy-2,2,4-trimethyl-	49.9	1.3	$1.93 \times 10^7$	1.114	1.240
7,8-Benzochromane, 6-hydroxy-2,5-dimethyl-2-phytyl-	43.8	3.3	$8.92 \times 10^6$	1.122	1.233
Chromane, 2,2,5,7,8-pentamethyl-6-hydroxy-	36.8	6.0	$3.15 \times 10^6$	1.130	1.224
$\alpha$ -Tocopherol	35.2	6.6	$2.46 \times 10^6$	1.132	1.222
6,7-Dihydroxyflavone	32.9	7.5	$1.72 \times 10^6$	1.135	1.219
$\gamma$ -Tocopherol	30.3	8.6	$1.14 \times 10^6$	1.138	1.216
$\beta$ -Tocopherol	29.9	8.8	$1.07 \times 10^6$	1.139	1.215
Tannic acid	27.1	9.9	$3.38 \times 10^6$	1.142	1.212
Myricetin	24.3	11.1	$4.25 \times 10^5$	1.146	1.209
$\delta$ -Tocopherol	23.7	11.4	$3.84 \times 10^5$	1.147	1.208
Quercetin	22.2	12.1	$2.98 \times 10^5$	1.148	1.206
Ubiquinol-0	20.0	13.0	$4.10 \times 10^5$	1.151	1.203
( $-$ )-Epicatechol	19.0	13.5	$1.72 \times 10^5$	1.152	1.202
Catechin	17.1	14.3	$1.24 \times 10^5$	1.155	1.200
Kaempferol	16.3	14.7	$2.15 \times 10^5$	1.156	1.199
Nordihydroguaiaretic acid	13.9	15.8	$1.40 \times 10^5$	1.159	1.196
Hesperetin	11.4	17.0	$4.46 \times 10^4$	1.162	1.193
Crysin	8.1	18.5	$2.43 \times 10^4$	1.166	1.189
Morin	1.6	21.7	$1.42 \times 10^4$	1.174	1.181

exothermic so that their enthalpies  $\Delta H_e < \Delta H_{e, \text{min}}$ . Therefore, their activation energy is  $0.5RT$ . Depending on the strength of the ROO-H bond, the enthalpies of these reactions vary within the range from  $-74$  to  $-28$  kJ/mol and activation energies vary within the range of  $1.3$ – $9.5$  kJ/mol.

Table 5 summarizes the results of a comparison between the activation energies of the reactions of peroxyl radicals with natural phenols calculated using the method of intersecting parabolas and the experimental activation energies. These latter were calculated from rate constants using the Arrhenius equation  $E_{\text{expt}} =$

**Table 4.** Enthalpies, activation energies, rate constants, and interatomic distances  $r_{\text{ArO-H}}^{\neq}$  and  $r_{\text{ROO-H}}^{\neq}$  for the reactions  $\text{R}_i\text{O}_2^{\cdot} + \text{TcOH} \longrightarrow \text{R}_i\text{OOH} + \text{TcO}^{\cdot}$ , as calculated from Eqs. (1), (3), (5), (6), (9), and (10) (TcOH is  $\alpha$ -tocopherol;  $D_{\text{TcO-H}} = 330.0 \text{ kJ/mol}$ ,  $A_0 = 3.20 \times 10^7 \text{ l mol}^{-1} \text{ s}^{-1}$ ,  $T = 310 \text{ K}$ )

$\text{R}_i\text{O}_2^{\cdot}$	$D_{\text{ROO-H}}$ , kJ/mol	$-\Delta H_e$ , kJ/mol	$E$ , kJ/mol	$k$ , $1 \text{ mol}^{-1} \text{ s}^{-1}$	$r_{\text{ArO-H}}^{\neq} \times 10^{10}$ , m	$r_{\text{ROO-H}}^{\neq} \times 10^{10}$ , m
$\text{HO}_2^{\cdot}$	369.0	38.7	5.2	$4.20 \times 10^6$	1.128	1.226
$\text{R}_2\text{CHO}_2^{\cdot}$	365.5	35.2	6.6	$2.46 \times 10^6$	1.132	1.222
$\text{R}_3\text{CO}_2^{\cdot}$	358.6	28.3	9.4	$8.22 \times 10^5$	1.141	1.214
<i>cyclo</i> - $[(\text{CH}_2)_5\text{C}(\text{OH})\text{OO}^{\cdot}]$	362.1	31.8	8.0	$1.44 \times 10^6$	1.137	1.218
$\text{RPhC}(\text{OH})\text{OO}^{\cdot}$	359.8	29.5	8.9	$9.99 \times 10^5$	1.139	1.215
$\text{ROCH}(\text{OO}^{\cdot})\text{R}$	367.3	37.0	5.9	$3.24 \times 10^6$	1.130	1.224
$\text{R}_2\text{CHOC}(\text{OO}^{\cdot})\text{R}_2$	358.4	28.1	9.5	$7.96 \times 10^5$	1.141	1.213
$\text{ROCH}(\text{OO}^{\cdot})\text{Ph}$	374.8	44.5	3.0	$9.87 \times 10^6$	1.121	1.234
<i>cyclo</i> - $[(\text{CH}_2)_3\text{OCHO}\text{O}^{\cdot}]$	367.6	37.3	5.8	$3.40 \times 10^6$	1.130	1.225
$\text{RC(O)OO}^{\cdot}$	387.1	56.8	1.3	$3.49 \times 10^7$	1.106	1.249
$\text{R}_3\text{CC(O)OO}^{\cdot}$	376.9	46.6	2.3	$1.33 \times 10^7$	1.118	1.236
$\text{PhC(O)OO}^{\cdot}$	403.9	73.6	1.3	$4.00 \times 10^8$	1.106	1.320
$\text{RC(O)CRHOO}^{\cdot}$	369.8	39.5	4.9	$4.74 \times 10^6$	1.127	1.227
$\text{RC(O)OCPHOO}^{\cdot}$	376.4	46.1	2.4	$1.24 \times 10^7$	1.119	1.236

**Table 5.** Comparison between experimental activation energies  $E_{\text{expt}}$  and theoretical activation energies  $E_{\text{calcd}}$  (calculated from Eqs. (1), (2), and (5)) for the reactions  $\text{RO}_2^{\cdot} + \text{Ar}_i\text{OH} \longrightarrow \text{ROOH} + \text{Ar}_i\text{O}^{\cdot}$

$\text{Ar}_i\text{OH}$	$D_i$ , kJ/mol	$E_{\text{expt}}$ , kJ/mol	$E_{\text{calcd}}$ , kJ/mol	$\Delta E$ , kJ/mol	References
Naphtho[1,2- <i>b</i> ]furan, 2,3-dihydro-5-hydroxy-2,2,4-trimethyl-	315.3	0.3	1.1	0.8	[20]
7,8-Benzochromane, 6-hydroxy-2,5-dimethyl-2-phytyl-	321.4	2.6	3.3	0.7	[20]
Chromane, 2,2,5,7,8-pentamethyl-6-hydroxy-	328.4	5.4	6.0	0.6	[20]
$\alpha$ -Tocopherol	330.0	5.8; 6.1; 7.4; 5.9	6.6	$0.7 \pm 0.1$	[4, 6, 20, 21]
$\gamma$ -Tocopherol	334.9	7.9	8.6	0.7	[4]
$\beta$ -Tocopherol	335.3	8.1	8.8	0.7	[4]
$\delta$ -Tocopherol	341.5	10.8	11.4	0.6	[4]
Quercetin	343.0	11.6; 12.5	12.1	$0.4 \pm 0.05$	[21, 22]
Ubiquinol-0	345.2	14.1	13.0	1.1	[21]
Ubiquinol-2	345.2	14.3	13.0	1.3	[21]
Ubiquinol-6	345.2	14.3	13.0	1.3	[21]
Ubiquinol-9	345.2	13.9	13.0	0.9	[21]
Ubiquinol-10	345.2	14.1	13.0	1.1	[21]
( <i>-</i> )-Epicatechol	346.2	11.7	13.5	1.8	[22]
Crysin	357.1	19.2	18.5	0.7	[23]
Catechin	348.1	15.2	14.3	0.9	[24]

**Table 6.** Enthalpies, activation energies, rate constants, and interatomic distances  $r_{\text{ArO-H}}^{\neq}$  and  $r_{\text{C-H}}^{\neq}$  for the reactions  $\text{sec-R}^{\cdot} + \text{Ar}_i\text{OH} \longrightarrow \text{RH} + \text{Ar}_i\text{O}^{\cdot}$ , as calculated from Eqs. (1), (4), (5), (6), (9), and (10) ( $D_{\text{R-H}} = 412.0 \text{ kJ/mol}$ ;  $A_0 = 1.00 \times 10^8 \text{ l mol}^{-1} \text{ s}^{-1}$ ,  $T = 310 \text{ K}$ )

$\text{Ar}_i\text{OH}$	$-\Delta H_e, \text{ kJ/mol}$	$E, \text{ kJ/mol}$	$k, 1 \text{ mol}^{-1} \text{ s}^{-1}$	$r_{\text{ArO-H}}^{\neq} \times 10^{10}, \text{ m}$	$r_{\text{C-H}}^{\neq} \times 10^{10}, \text{ m}$
Naphtho[1,2- <i>b</i> ]furan, 2,3-dihydro-5-hydroxy-2,2,4-trimethyl-	92.6	9.5	$2.52 \times 10^6$	1.135	1.518
7,8-Benzochromane, 6-hydroxy-2,5-dimethyl-2-phytyl-	86.5	11.9	$1.01 \times 10^6$	1.142	1.511
Chromane, 2,2,5,7,8-pentamethyl-6-hydroxy-	79.5	14.7	$3.39 \times 10^5$	1.149	1.504
$\alpha$ -Tocopherol	77.9	15.3	$2.63 \times 10^5$	1.151	1.502
6,7-Dihydroxyflavone	75.6	16.3	$1.82 \times 10^5$	1.153	1.499
$\gamma$ -Tocopherol	73.0	17.4	$1.19 \times 10^5$	1.156	1.497
$\beta$ -Tocopherol	72.6	17.5	$1.12 \times 10^5$	1.157	1.496
Tannic acid	69.8	18.7	$3.52 \times 10^5$	1.160	1.493
Myricetin	67.0	19.9	$4.41 \times 10^4$	1.163	1.490
$\delta$ -Tocopherol	66.4	20.2	$3.99 \times 10^4$	1.163	1.490
Quercetin	64.9	20.8	$3.10 \times 10^4$	1.165	1.488
Ubiquinol-0	62.7	21.8	$4.26 \times 10^4$	1.167	1.486
( <i>–</i> )-Epicatechol	61.7	22.2	$1.79 \times 10^4$	1.168	1.485
Catechin	59.8	23.1	$1.29 \times 10^4$	1.170	1.483
Kaempferol	59.0	23.4	$2.25 \times 10^4$	1.171	1.482
Nordihydroguaiaretic acid	56.6	24.5	$1.48 \times 10^4$	1.173	1.479
Hesperetin	54.1	25.7	$4.74 \times 10^3$	1.176	1.477
Crysin	50.8	27.2	$2.63 \times 10^3$	1.179	1.473
Morin	44.3	30.2	$1.60 \times 10^3$	1.186	1.467

$RT\ln(n_{\text{O-H}}A_0/k)$ . The column  $\Delta E = |E - E_{\text{expt}}|$  indicates that the calculated values and experimental data are consistent (the average discrepancy between  $E_{\text{calcd}}$  and  $E_{\text{expt}}$  is  $\Delta E = 0.8 \pm 0.3 \text{ kJ/mol}$ ).

Not only peroxy radicals but also alkyl radicals react with antioxidants. In lipids, secondary alkyl radicals appear under the action of radicals from fatty acid residues. Table 6 summarizes the values of  $\Delta H_e$ ,  $E$ , and  $k$  and interatomic distances in the transition states of reactions between this radical and natural antioxidants, as calculated from Eqs. (1), (4)–(6), (9), and (10). It can be seen that the reactions of an alkyl radical with phenols are highly exothermic; their  $\Delta H$  varies over the range of  $-97$  to  $-48 \text{ kJ/mol}$ , the activation energy varies from  $9$  to  $30 \text{ kJ/mol}$ , and the rate constant (at  $T = 310 \text{ K}$ ) changes from  $1.6 \times 10^3$  to  $2.5 \times 10^6 \text{ l mol}^{-1} \text{ s}^{-1}$ .

The reactions of thiyl radicals with biological antioxidants are exothermic for the most part (Table 7). Their activation energies vary within the range of  $12$ – $38 \text{ kJ/mol}$ , and  $k(310 \text{ K})$  vary from  $38$  to  $1.1 \times 10^6 \text{ l mol}^{-1} \text{ s}^{-1}$ . There is no experimental data on these reactions.

The above data indicate that the enthalpy of reaction plays a decisive role in the formation of activation energy; in turn, the enthalpy of reaction depends on the strengths of the attacked bond in phenol and the resulting  $\text{X-H}$  bond. In addition to this important factor, there are a number of other factors affecting the formation of an activation barrier [10]. The occurrence of these factors follows from a comparison between classical potential barriers  $E_{e,0}$  (see Eq. (7)) for various classes of reactions. The above classes of reactions are arranged in the following order of increasing classical potential barriers of thermally neutral reactions:  $E_{e,0} (\text{kJ/mol}) = 42.7 (\text{RO}_2^{\cdot}, \text{O}_2, \text{O}_3 + \text{Ar}_i\text{OH}) < 50.8 (\text{RS}^{\cdot} + \text{Ar}_i\text{OH}) < 61.4 (\text{R}^{\cdot} + \text{Ar}_i\text{OH})$ . It can be seen that the radicals and molecules that attack phenol are also dramatically different in activation energies at  $\Delta H_e = 0$ . This difference in the activities of the above radicals is due to the following factors.

(1) In addition to enthalpy, triplet repulsion, which increases the activation barrier [10], affects the activation energy. This triplet repulsion is due to the fact that

**Table 7.** Enthalpies, activation energies, rate constants, and interatomic distances  $r_{\text{ArO-H}}^{\neq}$  and  $r_{\text{RS-H}}^{\neq}$  for the reactions  $\text{RS}^{\cdot} + \text{Ar}_i\text{OH} \longrightarrow \text{RSH} + \text{Ar}_i\text{O}^{\cdot}$ , as calculated from Eqs. (1), (4), (5), (6), (9), and (10) ( $\text{RS}^{\cdot}$  is the thiyl radical of L-cysteine;  $D_{\text{RS-H}} = 360 \text{ kJ/mol}$ ;  $A_0 = 1.00 \times 10^8 \text{ l mol}^{-1} \text{ s}^{-1}$ ;  $T = 310 \text{ K}$ )

$\text{Ar}_i\text{OH}$	$\Delta H_e, \text{ kJ/mol}$	$E, \text{ kJ/mol}$	$k, 1 \text{ mol}^{-1} \text{ s}^{-1}$	$r_{\text{ArO-H}}^{\neq} \times 10^{10}, \text{ m}$	$r_{\text{RS-H}}^{\neq} \times 10^{10}, \text{ m}$
Naphtho[1,2- <i>b</i> ]furan, 2,3-dihydro-5-hydroxy-2,2,4-trimethyl-	-38.3	11.6	$1.12 \times 10^6$	1.135	1.690
7,8-Benzochromane, 6-hydroxy-2,5-dimethyl-2-phytyl-	-32.2	14.6	$3.46 \times 10^5$	1.143	1.683
Chromane, 2,2,5,7,8-pentamethyl-6-hydroxy-	-25.2	18.2	$8.61 \times 10^4$	1.152	1.674
$\alpha$ -Tocopherol	-23.6	19.0	$6.22 \times 10^4$	1.154	1.672
6,7-Dihydroxyflavone	-21.3	20.3	$3.88 \times 10^4$	1.156	1.669
$\gamma$ -Tocopherol	-18.7	21.6	$2.26 \times 10^4$	1.160	1.666
$\beta$ -Tocopherol	-18.3	21.9	$2.08 \times 10^4$	1.160	1.665
Tannic acid	-15.5	23.4	$1.15 \times 10^4$	1.164	1.662
Myricetin	-12.7	24.9	$6.34 \times 10^3$	1.167	1.658
$\delta$ -Tocopherol	-12.1	25.3	$5.57 \times 10^3$	1.168	1.658
Quercetin	-10.6	26.1	$4.03 \times 10^3$	1.170	1.656
Ubiquinol-0	-8.4	27.3	$2.49 \times 10^3$	1.172	1.653
( <i>–</i> )-Epicatechol	-7.4	27.9	$2.00 \times 10^3$	1.174	1.652
Catechin	-5.5	29.0	$1.32 \times 10^3$	1.176	1.650
Kaempferol	-4.7	29.4	$1.10 \times 10^3$	1.177	1.649
Nordihydroguaiaretic acid	-2.3	30.8	$6.45 \times 10^2$	1.180	1.646
Hesperetin	0.2	32.3	$3.67 \times 10^2$	1.183	1.643
Crysin	3.5	34.2	$1.73 \times 10^2$	1.187	1.639
Morin	10.0	38.1	$3.80 \times 10^1$	1.195	1.631

one of the three electrons of a reaction center occupies the nonbonding orbital; the stronger the  $\text{ArO-X}$  bond, the higher the energy of the nonbonding orbital and the greater the barrier  $E_{e,0}$ . Because triplet repulsion in the transition state with a reaction center like  $\text{O...H...O}$  is close to zero,  $E_{e,0}$  for the class of reactions  $(\text{RO}_2^{\cdot} + \text{Ar}_i\text{OH})$  exhibits a minimum value (40–46 kJ/mol).

(2) The triplet repulsion is responsible for a higher activation barrier in the reactions of carbon-centered radicals with phenols (the reaction  $\text{R}^{\cdot} + \text{Ar}_i\text{OH}$ ). For example, the energy of the  $\text{PhO-CH}_3$  bond is 270 kJ/mol, whereas the energy of the  $\text{O-O}$  bond in the hypothetical compound  $\text{PhO-OOR}$  is close to zero. As a result, the triplet repulsion increases  $E_{e,0}$  from 43 kJ/mol in the reactions of  $\text{RO}_2^{\cdot}$  with  $\text{Ar}_i\text{OH}$  to 61 kJ/mol in the reactions  $\text{R}^{\cdot} + \text{Ar}_i\text{OH}$ .

(3) An increase in  $E_{e,0}$  from 43 kJ/mol for the reaction  $\text{RO}_2^{\cdot} + \text{Ar}_i\text{OH}$  to 51 kJ/mol for the reaction  $\text{RS}^{\cdot} + \text{Ar}_i\text{OH}$  in the case of the reactions of phenols with thiyl

radicals is due to additional repulsion because of an increase in the radius of the atom bearing a free valence and attacking phenol (cf.  $r_{\text{S-H}} = 1.34 \times 10^{-10} \text{ m}$  and  $r_{\text{O-H}} = 0.97 \times 10^{-10} \text{ m}$ ). The above factors also affect the total elongation of reacting bonds in the transition state. Previously [12], it was found that this elongation ( $\Delta r^{\neq}$ ) is constant for each class of radical reactions. A comparison of  $\Delta r_{\text{ArO...X}}^{\neq}$  for various classes of reactions demonstrated that it reached a minimum for reactions with the reaction center  $\text{O...H...O}$ , where triplet repulsion was minimal:  $\Delta r_{\text{ArO...OOR}}^{\neq} = 0.420 \times 10^{-10} \text{ m}$ . For the reactions of thiyl radicals with phenols, this distance was much longer because of the effect of the bulky sulfur atom:  $\Delta r_{\text{ArO...SR}}^{\neq} = 0.518 \times 10^{-10} \text{ m}$ . In the transition states of the reactions of alkyl radicals with phenols, this elongation was even greater because of triplet repulsion:  $\Delta r_{\text{ArO...R}}^{\neq} = 0.594 \times 10^{-10} \text{ m}$ .

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